

# RESOURCES

## [NH Easy Gateway to Services](#)

### [NH211](#)

211 NH is the connection for New Hampshire residents to the most up to date resources they need from specially trained Information and Referral Specialists. 211 NH is available 24 hours, 365 days a year

### **Employment Information**

There are some great resources available to help you learn a new skill or find a job where you'll be able to thrive.

- [NH Employment Security's job search portal](#)
- [Apprenticeships NH](#) - some of these are paid apprenticeships, so learn while you earn!

### **Resources for Homeowners**

- Want to buy a home? Check out [NH Housing's Achieve the Dream of Homeownership](#)
- Need help with mortgage payments, property charges, or association fees? Contact the [NH Homeowner Assistance Fund](#)
- Need help with guidance on homeownership or struggling to afford your home? Contact [Affordable Housing Education & Development \(AHEAD\)](#)
- Want to make your home more energy efficient to lower your heating bills? [Contact Community Action Partnership](#), who administers the Weatherization Assistance Program
- Need help with paying your property taxes? See if you qualify for the NH Department of Revenue's Low and Moderate Income [Homeowners Property Tax Relief program](#). This program requires you to fill out the DP-8 form. The newest DP-8 form will be available on/after 4/30/26.

## Resources for Renters

For renters or those looking to rent, there are programs to help:

- NH Housing offers assistance through [Housing Choice Vouchers](#) ("Section 8") utilizing state funding.
- [NH Housing Rental Assistance](#)
- For struggling families in the HCV program looking for educational resources to help with finances, check out [NH Housing's Family Self-Sufficiency \(FSS\) program](#).
- Search for vacant and/or subsidized (HCV) apartments through [NH Housing](#)

## Resources for Seniors and the Disabled

- [NH Department of Health and Human Services \(DHHS\)](#) offers many programs to help seniors, the disabled, and caregivers.
- [ServiceLink](#) is the hub for state resources for seniors and the disabled.
- [NH CarePath](#) lists available state resources by need.
- [St. Vincent de Paul in Exeter, NH](#)
- [Meals on Wheels for Rockingham County](#) Meals delivered directly to your home.

## Transportation Information

- [ServiceLink](#) (through the state of NH) - 603-334-6594
- [TripLink/Community Rides](#) - 603-834-6010,

## Emergency resources for Pets/Horses Information

Crisis in a family doesn't just effect people. NHSCPA in Stratham may be able to help.

[NH SCPCA](#)

## Community Action Partnership Hillsboro and Rockingham County

*“As the Community Action Partnership assisting Southern New Hampshire and beyond, we help our neighbors conquer obstacles on their path to economic independence. Whether it's workforce, nutrition, education, child care, housing, or senior living needs, we offer services to help our community members achieve their goals and provide for their families.”*

### WORKFORCE & ECONOMIC DEVELOPMENT

- [Workforce Innovation & Opportunity Act \(WIOA\)](#)
    - Workforce training, education, coaching and career path development to increase employability and successful job readiness.
  - [Career Advancement Services \(CAS\)](#)
    - The Career Advancement Services program is designed to help current, transitioning, and former NHEP/TANF participants prepare for and stay in the workforce.
  - [Your Money In Action](#)
    - Financial capability education and coaching to more effectively manage resources and balanced financial decisions.
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## CHILD DEVELOPMENT

- **Head Start & Early Head Start**
    - Child care programming designed for infants, toddlers and pre-school children to prepare for success in and beyond school while also developing a deeper connection between parents/guardians and their child's development.
  - **Child Care Services**
    - Full and Extended Day Child Care services for infants, toddlers and pre-school children which may be used in partnership with Head Start & Early Head Start.
  - **Child Care Aware® of New Hampshire**
    - Child care resources, education and referrals for both families and providers to improve the quality and accessibility of child care.
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## HEALTH FOOD & NUTRITION

- **Women, Infants & Children (WIC)**
  - Nutrition education, support and nutritious food access for pregnant women, new mothers, infants and preschool children to stay healthy and strong.
- **Summer Food Service Program**
  - Daily free or reduced lunches provided nutritious meals during the summer months for children 18 years of age or younger.
- **Rockingham County Food Pantries**
  - Access to shelf stable food, frozen meats and household & hygiene products to prevent food insecurity.
- **Child & Adult Care Food Program (CACFP)**
  - Reimbursement for the cost of meals served at Family Child Care Homes, Child Care Centers, adult Care Centers, Homeless Shelters and At-Risk Programs to each program or center.
- **Senior Food Program (CSFP)**
  - Pre-packaged supplemental food boxes designed to provide for the nutritional needs of seniors 60 or better.
- **Emergency Food Assistance (TEFAP)**
  - Access to emergency food assistance at no cost through food pantries, homeless shelters, soup kitchens and non-profit organizations.

## COMMUNITY SERVICES

- **Retired & Senior Volunteer Program (RSVP)**
    - Volunteer opportunities for adults 55 or better to provide meaningful services to those in need as part of a growing and supportive community.
  - **Senior Housing**
    - Supportive housing for income-eligible elderly residents throughout the state of New Hampshire.
  - **Homelessness Prevention & Housing**
    - Housing opportunities, safety and support for those facing eviction or in need of housing including assistance in maintaining housing stability going forward.
  - **Western Hillsborough County Family Services**
    - Assistance for residents of Western Hillsborough County including access to nutritious meals, education, adult literacy, family.
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## ENERGY ASSISTANCE

- **Fuel Assistance (FAP)**
  - Financial assistance for heating fuel expenses to keep both renters and owners safe and warm through the colder months.
- **Electric Energy Assistance (EAP)**
  - Discounts for eligible electric utility customers to make monthly electric bills more affordable and to avoid service interruption.
- **Weatherization (WAP)**
  - Energy audits of rented or owned homes to provide no-cost updates for better efficiency and reduced energy costs.